



Getting Started:

You want to work. Where can you get help?

- ◆ If you were in school until you were 21 years old - you should probably start with the Developmental Disabilities Administration.
- ◆ If you are being treated for a mental health condition - you should probably start with the Mental Hygiene Administration.
- ◆ If the above statements don't describe you - you should probably start with the Division of Rehabilitation Services or your local One-Stop Career Center.

This fact sheet and others can be found at www.mdod.maryland.gov and www.mdworkforcepromise.org.

Questions?

Contact the Maryland Department of Disabilities.

Supports and Services

Developmental Disabilities Administration

The mission of the Developmental Disabilities Administration (DDA) is to provide leadership to assure the full participation of individuals with developmental disabilities and their families in all aspects of community life.

What you can expect?

You will need to complete an eligibility process. This process will include completing an application and participating in a face to face interview. While there is a waiting list for many services, individuals are encouraged to apply. If you are found eligible and money is available, you will develop a services plan to meet your needs.

What services are provided?

The types of services offered by DDA are

Family and Individual Supports, Community Supported Living Arrangements (CSLA), Residential, Day, Vocational and Supported Employment, Resource Coordination, Behavioral Support, Summer Programs and Transportation. The services are provided through or by non-profit community providers.

Where to start?

To find the regional office that serves your area, visit DDA's website (www.ddamaryland.org) and select the Regional Offices link. If you do not have access to the internet, see the contact information for DDA in the resource section of this fact sheet.

Mental Hygiene Administration

The mission of the Mental Hygiene Administration (MHA) is to create and manage a coordinated, comprehensive, accessible, culturally sensitive and age-appropriate system of publicly funded services and supports for individuals who have psychiatric disorders and in conjunction with stakeholders, provide treatment and rehabilitation in order to promote resiliency, health and recovery.

What you can expect?

You will need to complete an eligibility process. If you are found eligible you will make a plan with your selected service provider.

What services are provided?

The types of services included are 24 hour crisis help, hospitalization, outpatient

therapy, residential rehabilitation, supported living, other community-based outpatient mental health services, residential treatment, rehabilitation services, mobile treatment, day treatment and supported employment.

Where to start?

To find a service provider in your area, visit MHA's website (www.dhmd.state.md.us/mha) and select the Core Service Agencies (CSA) link. If you do not have access to the internet, see the contact information for MHA in the resource section of this fact sheet.

Division of Rehabilitation Services

The mission of the Division of Rehabilitation Services (DORS) is to provide leadership and support in promoting the employment, economic self-sufficiency and independence of individuals with disabilities.

What can you expect?

You will need to complete an eligibility process with DORS. Individuals may be eligible for services if they have a physical or mental disability that affects their ability to get or keep a job or live independently. If you are found eligible, you and your counselor will develop a plan of services to meet your needs.

You may be asked to give the following information:

- ♦ Medical records that are related to your disability.
- ♦ School or vocational training completion documents.
- ♦ Place and dates of past jobs.

One-Stop Career Centers

The One-Stop Career Centers are places that have many programs for training, education and employment under one roof.

What can you expect?

Most One-Stops offer workshops on interviewing, résumé writing and other career-related skills. You can also look at job openings. Individuals can see current job openings and find information about what skills and education are needed for specific jobs. You may qualify to receive funding for training for a specific job.

What services are available?

DORS provides personalized support and employment services. You may be eligible to choose from DORS programs and services such as Career Decision Making, Counseling and Referral, Vocational Training, Job Search, Placement and Job-keeping Services, Supported Employment, Assistive Technology, Medical Rehabilitation Services and other support services.

Where to start?

To find your local office, visit DORS website (www.dors.state.md.us) and select the DORS locations link. If you do not have access to the internet, see the contact information for DORS in the resource section of this fact sheet.

What services are available?

Services vary at each One-Stop, but most centers offer all job seekers easy entry to services such as job listings, referrals to employers and placement assistance. Other services that may be available: Career and Skill Assessments, Senior Services, Youth Services, Veteran Services and Training Services.

Where to start?

To find your local One-Stop Career Center, visit the America's Service Locator website (www.servicelocator.org). If you do not have access to the internet, see the contact information for America's Service Locator in the resource section of this fact sheet.

Resources

Maryland Service Providers:

America's Service Locator

(to locate your local One-Stop Career Center)

Voice: (877) 348-0502

TTY: (877) 348-0501

Website: www.servicelocator.org

Developmental Disabilities Administration (DDA)

Voice: (410) 767-5600 / (877) 463-3464

Website: www.ddamaryland.org

Maryland State Dept. of Education

Division of Rehabilitation Services (DORS)

Voice: (410) 554-9385/ (888) 554-0334

TTY: (410) 554-9411

Email: dors@dors.state.md.us

Website: www.dors.state.md.us

Mental Hygiene Administration (MHA)

Voice: (410) 402-8300

TTY: (800) 735-2258 (MD Relay)

Website: www.dhmmh.state.md.us/mha

Additional Information:

Maryland Department of Disabilities

Voice/TTY: (410) 767-3660

Voice/TTY: (800) 637-4113

Email: mdod@mdod.state.md.us

Website: www.mdod.maryland.gov